

MUMUS C&W PRESENTS



THE

GET-A-GP

CAMPAIGN



MUMUS
INCORPORATED

FROM THE PRESIDENT

Getting a GP is one of the most positive things you can do for your wellbeing, so congratulations for taking this positive step!

Think of it as your insurance policy, you never know when you will fall ill but it's so important to have help readily available when you need it. We may have a lot of medical knowledge, but even as doctors we will never have an objective view of ourselves.

Sadly, the temptation to self-medicate and self-manage has led to bad consequences for so many of our colleagues. Finding a GP who 'gets you' can take a few visits and a few different doctors. Be patient, and don't expect your GP to be perfect either – we are all human and have strengths and weaknesses.

Keen to go searching but not sure how to approach doctors? You can use 'a yearly check-up', a flu shot, inquire about contraception or your sexual health, your mental health, or that annoying ailment that you've been meaning to ask someone about for a while as reasons to book an appointment. Above all, look for a doctor who you can connect with easily and in whom you feel a sense of trust.

Wishing you all the best with your GP-searching journey.

A handwritten signature in dark ink, consisting of several overlapping horizontal and diagonal strokes, forming a stylized 'Z' or 'L' shape.

Luigi Zolio
MUMUS President, 2016

BULK-BILLING GP SERVICES

TAKE YOUR MEDICARE CARD TO ALL CLINICS

Information correct as of May 2016. Please confirm fees when booking your appointment.

University Health Services

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Clayton Campus	21 Chancellor's Walk (Campus Centre) Ground Floor	9905 3175	Bulk billing with a Medicare Card, Direct Billing with OHSC
Caulfield Campus	Building B, Level 1 Room 146A	9903 1177	Bulk billing with a Medicare Card, Direct Billing with OHSC
Peninsula Campus	Building U, Level 1 Room U1.39	9904 4615	Bulk billing with a Medicare Card, Direct Billing with OHSC

Alfred Hospital Region

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Alexandra St. Medical Clinic	322 Inkerman St St Kilda East VIC 3183	9527 9545	-----
Bay St. Family Medical Centre	412 Bay St Brighton VIC 3186	9596 8222	Dr Rodney Lane
Chapel St. Medical Centre	125 Chapel St St Kilda VIC 3182	9534 5151	Centrelink concession card
Dr Gregory Belkin	138 Victoria Ave Albert Park VIC 3206	9690 7837	-----
Fawkner Health Care	182 Jukes Rd Fawkner VIC 3060	9357 1199	OSHC confirm gap when booking.
Inkerman Medical Group	290 Inkerman St St Kilda VIC 3183	9525 9033	Specific GPs only, ask when booking
Medi7 St Kilda	2a/517 St Kilda Rd Melbourne VIC 3004	9013 9794	OSHC Confirm gap when booking
Realcare Health Clinic	245 Park St Sth Melbourne VIC 3205	9699 1088	-----
St Kilda Super Clinic	Lvl 1, Ackland Ct, 156-160 Ackland St St Kilda VIC 3182	9525 5766	-----
Swinburne Health Service	4/34 Wakefield St Hawthorn VIC 3122	9214 8483	Register online if new patient. OSHC Confirm gap on booking.

High Street Medical Clinic	139 High Street, Prahran VIC 3181	9510 5500	OSHC Confirm gap when booking
Myclinic Prahran	191-193 Commercial Rd, Prahran VIC 3181	9826 2699	OSHC Confirm gap when booking
Mediscreen Clinic	799 Toorak Rd Hawthorn East VIC 3123	9822 3105	OSHC Confirm gap when booking

Box Hill Hospital Region

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Guardian Medical Centre	453 Station St Box Hill VIC 3128	9890 4585	Specific GPs only, ask when booking
Box Hill Mall Medical Centre	8 Market St (The Mall) Box Hill VIC 3128	9898 6777	-----
Suite 10 - Centro Shopping Centre	17 Market St Box Hill VIC 3128	9899 1429	-----
Burwood Health Care	400 Burwood Hwy Burwood VIC 3125	9888 8177	First appointment not bulk-billed. OSHC Confirm gap when booking.
Sheehans Medical Centre	81 Canterbury Rd Blackburn South VIC 3130	9877 1200	Centrelink concession card
Ashwood Medical Group	448 Warrigal Road, Ashburton VIC 3147	9885 4494	OSHC Confirm gap on booking
Balwyn Central Medical	427 Whitehorse Road, Balwyn VIC 3103	9830 2300	OSHC Confirm gap on booking
Box Hill Superclinic	810 Whitehorse Road, Box Hill 3128	9899 8668	OSHC Confirm gap on booking
Dr Susan Schlicht Family General Practice	303 Warrigal Road, Burwood 3125	9808 3988	OSHC \$20 gap

Cabrini Hospital Region

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Armada Family Clinic	Cnr Kooyong & High St Armada VIC 3143	9509 1811	Specific GPs only, ask when booking
Wynlorel General Practice	1368 High St Malvern VIC 3144	9509 4488	Identify as medical student
Medical On Malvern	1481 Malvern Rd, Glen Iris VIC 3146	9822 5011	OSHC Confirm gap when booking
Recreation Medical Centre	1232 High St Armada VIC 3143	9509 5922	OSHC Confirm gap when booking

Casey Hospital Region

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Casey Superclinic	50 Kangan Drive Berwick VIC 3806	9707 4777	OSHC Confirm gap on booking
Berwick Healthcare	76 Clyde Street, Berwick VIC 3806	9796 1500	OSHC Confirm gap on booking

Clayton/Monash Medical Centre Region

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Access Medical Group	2 Magid Ave Wheelers Hill VIC 3150	9562 2288	-----
Monash Doctors Surgery	1361 Centre Rd Clayton VIC 3168	9562 9222	-----
Medi7 Clayton	255 Clayton Rd Clayton VIC 3168	9013 9795	OSHC Confirm gap when booking.
Rowville Central Clinic	1/7 Fulham Rd Rowville VIC 3178	9763 8899	-----

Dandenong Hospital Region

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Dandenong Medical Centre	176 Lonsdale St Dandenong VIC 3175	9794 7866	-----
Dandenong Surgery	58/60 Stud Rd Dandenong VIC 3175	9791 5344	-----
Dandenong West Medical Centre	73 Hemmings St Dandenong VIC 3175	9791 2377	OSHC Confirm gap on booking
Dandenong City Clinic	9 Pultney St Dandenong VIC 3175	9791 9044	Only some GPs
Stud Rd Medical Centre	82 Stud Rd Dandenong VIC 3175	9794 5055	-----
Dandenong Superclinic	56-58 Stud Road, Dandenong VIC 3175	9791 5344	OSHC Confirm gap on booking

Peninsula Health Region

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Beach Street Family Medicine	61 Beach St Frankston VIC 3199	9781 5177	-----
Botany Park Medical Centre	28 Lyrebird Drive Carrum Downs VIC 3201	9786 8844	-----
Dromana Family Doctors	Suite 9-14 143 Point Nepean Rd	5984 9000	Yes for concession card holders

Frankston Central Medical Centre	40/42 Playne St Frankston VIC 3199	9781 4999	-----
Frankston Healthcare	4/42 Young St Frankston VIC 3199	9770 0023	-----
Mordialloc Medical Centre	554 Main St Mordialloc VIC 3195	9587 6311	Identify as medical student, take Monash student card
Seaford Beach Family Clinic	115 Nepean Highway Seaford, VIC 3198	9773 6622	-----
Medical One Frankston	47-49 Davey Street Frankston VIC 3199	9781 3966	OHSC Confirm gap on booking

Gippsland Region

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Buckley Street Family Practice	Corner of Buckley Street & Hopetoun Avenue Morwell VIC 3840	5133 7999	-----
Central Gippsland Family Practice	28 George Street Moe VIC 3825	5127 9800	-----
Dr Jablonski Tom	124 Princes Hwy Traralgon VIC 3844	5174 6766	-----
Hazelwood Health Centre	9 Georgina Pl Churchill VIC 3842	5122 2555	OSHC Confirm gap when booking.
Hillcrest Family Medicine	26 Seymour St Traralgon VIC 3844	5174 2345	-----
Hollie Drive Medical Centre	5 Hollie Dr Morwell VIC 3840	5135 3555	-----
Mid Valley Family Medicine	Shop 59, Mid Valley Shopping Centre Morwell VIC 3840	5134 3888	-----
Trafalgar Medical Centre	24A Contingent St Trafalgar VIC 3824	5633 2211	-----

North-West Victoria Region

PRACTICE	ADDRESS	PHONE NUMBER	CONDITIONS
Bendigo Medical Centre (Bridge St Medical Centre)	63-65 Bridge St Bendigo VIC 3550	5454 2300	Identify as medical student. OSHC Confirm gap on booking.
Deakin Medical Centre	255 Deakin Avenue Mildura VIC 3500	5022 1488	-----
Ontario Family Practice	202 Ontario Avenue	5021 1688	-----

	Mildura VIC 3500		
Tristar Medical Group - Mildura	87-89 Langtree Avenue Mildura VIC 3500	5023 1200	OSHC Confirm gap on booking



Get involved with Community & Wellbeing!

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C&W BLOG

communityandwellbeing.wordpress.com

EMAIL

communitywellbeing@mumus.org

All attempts were made to ensure information in this guide is accurate and up to date. Please use this booklet as a guide and seek professional advice for your own personal circumstances. MUMUS accepts no responsibility for the views and opinions expressed in this booklet.